



Momentum Skills North East Services for Acquired Brain Injury and Neurological Conditions

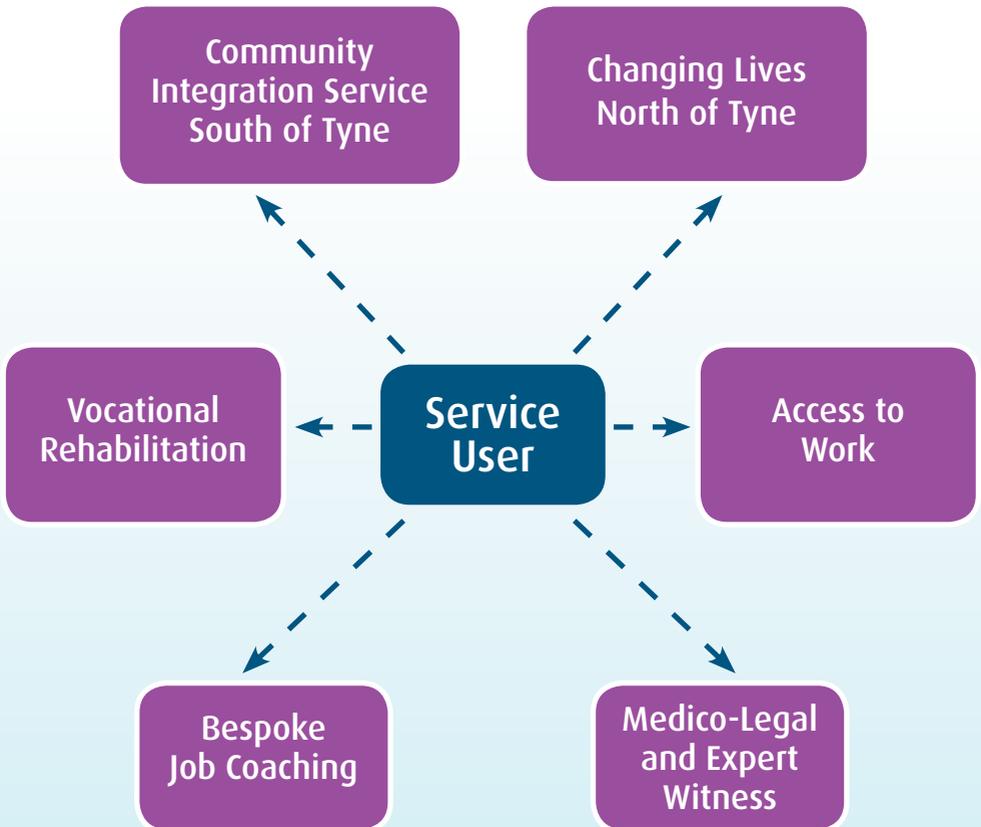
Momentum Skills
Investing in People, Changing Perspectives

Who is the service for?

Momentum Skills North East caters for individuals who wish to re-engage with their local community and/or wish to seek employment, education and training opportunities. Services are available to those aged 16 and above, who are medically stable and live within the northern counties of Northumberland, Tyne and Wear, Durham, Cumbria and Teesside.

What does the service offer?

Tailored to meet the needs of each individual, Momentum Skills work with individuals on a one to one and group basis to identify goals and create a personal development plan. Whilst engaged with Momentum Skills, each person has access to a range of unique services, including:

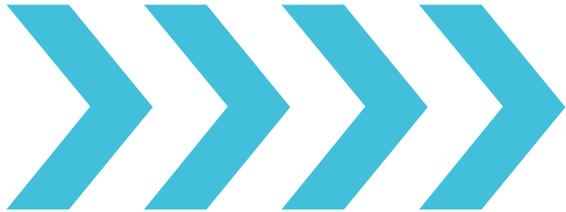


Changing Lives – North of Tyne

A newly established service, working in conjunction with the Stroke Association and funded through the Big Lottery Fund. This service provides a community approach to rehabilitation supporting those with an acquired brain injury and/or neurological condition across the North of Tyne region (Newcastle, North Tyneside and Northumberland). Individuals work towards realistic social and occupational goals with the aim of increasing independence and social inclusion within their own community.

Social Groups available include:

- Craft
- Walking
- Photography
- Peer Support
- Healthy Eating
- Counselling

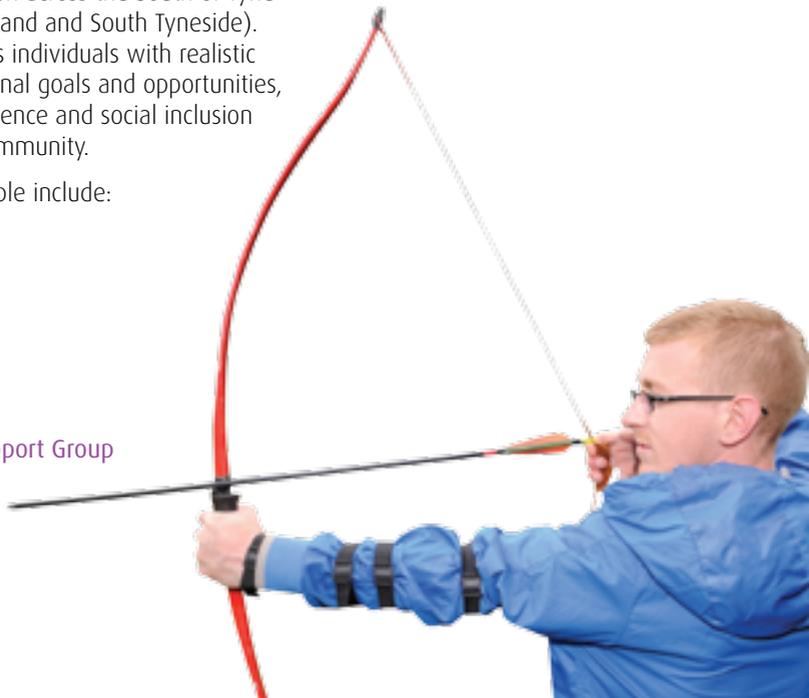


Community Integration – South of Tyne

Working in conjunction with the Stroke Association this service provides a community approach in rehabilitation supporting those with an acquired brain injury and/or neurological condition across the South of Tyne (Gateshead, Sunderland and South Tyneside). This service provides individuals with realistic social and occupational goals and opportunities, increasing independence and social inclusion within their own community.

Social groups available include:

- Photography
- Singing
- Reading
- Golf
- Walking
- Womans Peer Support Group





The Vocational Rehabilitation Service

This service assists individuals with an acquired brain injury and/or neurological condition to enter or return to paid or voluntary employment, training or education.

Following an assessment of the persons needs, current skills and abilities, we assist individuals to identify and set achievable goals.

Key elements of the vocational service include:

- Managing the effects of acquired brain injury
- Self esteem and confidence building
- Communication skills
- Social and team building skills
- IT training
- Cognitive re-training
- Job seeking skills
- Work placements and job coaching support

Bespoke Job Coaching

A programme available for individuals to purchase one to one tutor/job coaching support. This service is available to anyone in receipt of a personal budget.

The service aims to support with moving into:

Employment, vocational courses and qualifications or accessing local college courses.

Access to Work

A specialist and bespoke service funded via the Department for Work and Pensions for employees who have an acquired brain injury or neurological condition.

We can provide onsite support to employees who are returning to employment following a brain injury and or diagnosis of neurological condition. Using a place and train approach we work with both the employer and employee to help address any barriers the employee may be experiencing on their return to work. We focus on supporting the employee to develop compensatory strategies to overcome these barriers and enable the individual to complete the tasks involved in their job role. Difficulties may be psychological, cognitive, physical or behavioural; for example employees may find it difficult to take onboard new information, plan, organise and prioritise, interact with team members and colleagues, experience increased levels of anxiety. We have worked with a number of employees and their employers in this way and have a positive record of supporting employees in sustaining their employment.

We can also provide brain injury awareness training to the employer, their team and colleagues.



Medico Legal/Expert Witness

We offer medical legal assessment for personal injury litigation. This service is led by a clinical neuropsychologist with over 20 years experience in neuro-rehabilitation who can offer neuropsychological, vocational and psychometric assessments.

Success Story

"Our 16-year-old son was hit by a car, which resulted in him sustaining a brain injury.

"When he came out of his coma, he had changed from a kind and considerate person to someone with attitude and anger problems. The impact of this on family life was tremendously hard.

"We were referred to Momentum and it was there that we first gained some insight into his brain injury.

"After a lot of hard work by Momentum staff, he started to slowly improve his attitude and to believe that he could play an active part in society again.

"Momentum arranged a work placement for him with Newcastle City Council within the cleansing department. This led to an offer of employment which he accepted.

"Our son has now started to show signs of the person we knew and loved and he is making plans for his future.

"The impact Momentum has had on the whole family is immeasurable and our thanks go to a wonderful organisation."

Chris Marshall, mother of service user

How do I access these services?

All services offer an open referral process and are available to all individuals throughout the North East of England, unless otherwise stated.

For further details please contact the centre:
Floors 1&2 Forth Banks House, Skinnerburn Road,
Newcastle upon Tyne, NE1 3RH

Telephone: 0191 2320234

Email: enquiriesnc@momentumskills.org

Visit our website: www.momentumskills.org



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