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Momentum Skills' Work Choice ezine



Work Choice is a Government-supported employment programme designed to assist people with disabilities find and maintain employment, and support employers in employing more disabled people.

Customer Focus 1

Nicola enjoys new lease of life thanks to Work Choice

An Aberdeen woman with a serious long-term health condition is now back in the workplace thanks to the excellent support provided by Momentum Skills' Work Choice programme.

Nicola O'Donnell, 31, from Dyce, has secured a job as an administrative assistant – despite her worries that she would ever find a job again.



Nicola was lacking in confidence after leaving her previous job and, as a result, was mixing less with other people, and also found job applications and interviews difficult as she needed to find an employer who would be supportive of her needs.

But now Nicola is enjoying her new lease of life – both socially and financially – thanks to the programme's coaching which helped her to get a part-time job at Shaw Trust.

Nicola said: "Momentum Skills has been a fantastic help to me with job hunting, filling in application forms and brushing up on my interview techniques. My new job has had a big impact on my life as it has really boosted my self-confidence and I am also a much better organised person now."

Employer Testimonials

Jurys Inn, Aberdeen

"Work Choice is an excellent programme, which offers a great opportunity to assist in the employment and the development of an individual with disabilities. We have worked closely with Shaw Trust for some time now and they are a great team that help support and guide placements. The programme offers a good recruitment support and together we can make a difference to individual's lives."



Haven Recycle, Hillington, Glasgow

"When opening our new recycling facility at Hillington near Glasgow, Work Choice identified candidates - whose skills set matched our needs - allowing us to benefit from extremely capable employees while remaining within budget. Work Choice provided the ideal win-win situation."

Customer Focus 2

Momentum Skills Supports Angela back into work

A woman in remote Wester Ross who has been out of work for years due to mental health problems and depression has praised Momentum Skills' Work Choice programme after it helped her return to the workplace.

Angela MacRae, age 42 and from Kyle, secured a seasonal job with Skye Permaculture – despite her low confidence levels.

Angela found getting a job extremely difficult due to barriers like personal mobility issues and travel difficulties arising from her rural location.

But now Angela is enjoying her new-found independence – and much better health – thanks to the programme's coaching which has helped her get a post as an administrator and craft worker with the business which promotes sustainable living and recycling and which is based on the Isle of Skye.



Angela said: "Momentum Skills has been an incredible help to me. I feel a sense of achievement that I have been able to work again. I am so grateful for the feeling of empowerment and self-worth the work placement has brought me. It has been great for both my mental and physical health."

About Momentum Skills' Work Choice Programme

Momentum Skills, part of the leading not-for-profit organisation Momentum, delivers the Work Choice programme in the Highlands and Islands, Clyde Coast and Grampian. Momentum Skills works with partners to provide employers with a tailored package of support, enabling them to offer work experience placements and job opportunities to disabled people participating in the programme.

Momentum Skills

Investing in People, Changing Perspectives

We have a bank of committed and enthusiastic candidates ready to fulfil your staffing needs and we will work with you to find the best person for the job – saving you both time and money.

Want to know more?

If you would like to find out more, or wish to offer job opportunities or work placements at your organisation, contact Momentum Skills today:

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